

# FEMALE HAIR LOSS LAB TEST CHECKLIST



## TIER ONE: COMMON CAUSES OF FEMALE HAIR LOSS

- Complete blood cell count
- Ferritin
- Thyroid stimulating hormone (TSH)
- Testosterone

## TIER TWO: ADDITIONAL CAUSES OF FEMALE HAIR LOSS

- Thyroid Auto-immune Antibodies (Anti-TPO)
- Auto-immune Antibodies (RF, ANA)
- Inflammatory Markers (ESR)
- Hormone Panel: FSH, LH, SHBG, estrogen, progesterone, prolactin
- Fasting Blood Sugar and Insulin
- Salivary Cortisol Panel
- Food Sensitivity Panel