

IgG Food Allergy Testing

96 General Food Panel

Dairy

Casein (milk protein)	Cheddar cheese	Cottage cheese	Cows milk
Goats milk	Mozzarella cheese	Whey (milk protein)	Yogurt

Fish and Seafood

Clam	Cod	Crab	
Lobster	Red snapper	Salmon	Scallop
Shrimp	Sole	Tuna	

Meat

Beef	Chicken	Duck egg	Egg white
Egg yolk	Lamb	Pork	Turkey

Fruit

Apple	Apricot	Banana	Blueberry
Cranberry	Grape, red	Grapefruit	Lemon
Orange	Papaya	Peach	Pear
Pineapple	Plum	Raspberry	Strawberry

Vegetables

Avocado	Beet	Broccoli	Cabbage
Carrot	Cauliflower	Celery	Cucumber
Garlic	Green pepper	Lettuce	Mushroom
Olive, black	Onion	Pumpkin	Radish
Spinach	Squash	Sweet potato	Tomato
White potato			

Nuts and Grains

Almond	Amaranth flour	Barley	Buckwheat
Coconut	Corn	Filbert (hazelnut)	Gladin, wheat (wheat protein)
Gluten, wheat (wheat protein)	Kidney bean	Lentil	Lima bean
Oat	Pea, green	Peanut	Pecan
Pinto bean	Rice	Rye	Sesame seed
Soybean	Spelt	String bean	Sunflower seed
Walnut	Whole wheat		

Miscellaneous

Cocoa bean	Coffee	Honey	Sugar cane
Yeast, baker's	Yeast, brewer's		